



# CURRY'S CHRONICLES

ROTARY INTERNATIONAL

DISTRICT 9630

DISTRICT GOVERNOR'S NEWSLETTER VOLUME 19(10)



When you come to distribute surplus funds at the end of the year, you could well consider Australian Rotary Health (ARH).

You will probably know that ARH was founded in 1981 by Ian Scott of the Rotary Club of Mornington. He wanted to support research into Sudden Infant Death Syndrome but ARH has come a long way since. ARH is now Australia's largest non-government funding body of mental illness research. But it can only do this with your support.

Mental Health is more than the simply researching bipolar disease or depression or the effects of drugs on schizophrenia although this is still an important direction for ARH research. Many of the current programmes have to do with young people. For instance, amongst the research currently being done is a project into negative body images with particular reference to children younger than school age. Negative body image contributes to serious health consequences, including mental health problems such as depression and low

self-esteem, and eating disorders. If the pilot study of 216 children and their mothers can identify measures that can be taken, then Professor Susan Paxton of the La Trobe University in Melbourne believes that mental health issues can be prevented from developing as children get older.

Other programmes include a project into early intervention into children's mental health problems and KidsMatter; a primary school mental health promotion, prevention and early intervention initiative supported by Australian Rotary Health.

An important part of the ARH activities has been the Mental Health Awareness Forums of which more than 600 have been held to date. The aim of these forums is to reduce the stigma attached to mental illness.

Noel Trevaskis OAM, the Chairman of the Board of ARH said recently that; "Mental illness is an illness. It's just like any other illness and the good news is it is treatable" adding that he wanted "to help de-stigmatise this illness by bringing it into the open and giving people ... the hope that they can recover.

That is also part of the mission of Australian Rotary Health".

This month, the Rotary Club of Jindalee is holding its own mental health awareness forum on 18 May at the Gertrude McLeod Golf Course. is clearly an important topic. Unusually, the club is taking a new direction in that this forum will be more concerned about how to pick up the signs that there might be mental health problems. Frequently, when a person's world comes crashing down around them, work colleagues and family members often have little or no idea that that person has been in crisis for a while. So there will be experts who will be able to discuss the signals, the pointers to a mental health problem with the hope that early intervention will assist treatment and cure.

I commend this forum to you all. Please let the Rotary Club of Jindalee know if you would like to attend this forum on what is clearly an important topic.



May  
IS  
Australian  
Rotary Health  
MONTH



## CHRONICLES

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## AUSTRALIAN MENTAL HEALTH FORUM

Did you know that over 20% of people suffer some form of mental health issue at some time or another?

### Business Owners and Executives

who are concerned about the effect that mental health problems have on their staff and productivity, this FORUM is for you!

Dr Danielle Lees (Chairman of Psycare) will lead a range of experts and speakers with firsthand experience to cover a variety of topics. 18 May, McLeod Golf Course \$15.00, finger food. Contact *PP Russ Higginbotham* (3712 0479) or *PP John Odium* 0418987435.

RSVP essential for catering purposes.



**FAREWELL GSE TEAM!**



The outward-bound GSE team has now left for its work week itinerary in D.2350 based on Stockholm. Pictured at the airport are: *Anita Wheeldon, David Snow (Team leader), Wendy Poon, Karen Hardcastle and Nikki Howarth*. We wish them every success in Sweden. DG Ingemar and Ulla Friede have promised to look after them very well and PP Christer Linden, who led the inbound team over here in March is also looking forward to reuniting with them"

**"A Stronger Australian Rotary"  
Australian Rotary Conference, 21-22 August  
2010  
Hellenic Club, Woden A.C.T.**

Following the success of the Australian Presidential Membership Conference in 2008, and the many requests for a follow up conference, I am happy to announce a new initiative for next year. Special guests will include the then President of R.I., Ray Klingensmith and R.I. Director Zone 8 (2010-12) Stuart Heal.

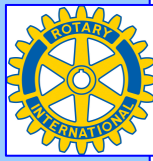
First conceived as a continuation of the discussion on membership issues, the conference theme of "A Stronger Australian Rotary" indicates we have progressed and will progress further. A few highly qualified speakers will introduce topics leaving time for facilitated group discussion on ways to strengthen and support Rotary at all levels, especially the club, to improve awareness of Rotary, and to focus our service efforts and initiatives for optimum effect and benefit to those we serve.

This conference is open to all Rotarians. We want the leaders & members of every Rotary District in our zone, and we want representatives from most of our Rotary clubs. The opinions and contributions of Rotarians at club level will be vital. Please encourage new Rotarians to attend; they are members who will bring new ideas to Rotary and we want to hear them!

Registration details and costs will be available in the very near future but it will be very reasonable and affordable. Please write the date 21-22 August in your diaries, in your club and district calendars now. Plan to attend this conference, and schedule to follow up in later months with club events at which some of the great ideas you will take home can be passed on and implemented. Please contact me ([robwy43@bigpond.net.au](mailto:robwy43@bigpond.net.au)) or Bob Greeney ([greeneyb@iimetro.com.au](mailto:greeneyb@iimetro.com.au)) for more information. Rob Wylie.



**THE FUTURE OF  
PEACE  
IS IN YOUR HANDS**



**Rotary Peace Fellows' Seminar 2010**

Recipients of the Rotary Peace Fellowship share their experience as students of

International Studies – Peace and Conflict Resolution at UQ.

Saturday 22 May 2010

9:00 - 17:00. Registration from 8:30am

Sir Llew Edwards Building (14)

The University of Queensland, St Lucia

Free entry and parking available on campus.

Morning tea, lunch and afternoon tea provided

**RSVP** to Debra McKenzie by Monday 10 May 2010. Please include special dietary requirements

Email: [d.mckenzie1@uq.edu.au](mailto:d.mckenzie1@uq.edu.au) /

Phone: 07 33469544

Proudly hosted by the School of Political Science and International Studies and the Rotary Centre for International Studies in peace and conflict resolution [www.uq.edu.au/polsis/rotary](http://www.uq.edu.au/polsis/rotary)



**PDG JUDY MAGUB**

Host Area Coordinator for the Rotary Peace Fellows Program together with the



**Rotary Club of Brisbane  
Planetarium**

Invites you to an informal Reception with the Rotary Peace Fellows

Following their Seminar presentations

On Saturday 22 May 2010; 17.30 to 19:30

COST: \$20.00 Cash bar

**The Terrace Room, Sir Llew Edwards Building (14)**

The University of Queensland

**RSVP** with Rotary Club of Brisbane Planetarium PO Box 750 Toowong 4066 or Email to [jmagub@ozemail.com.au](mailto:jmagub@ozemail.com.au)



## BLAZING A TRAIL!

It seems to be the season for trailers! Gatton and Lockyer have just taken delivery of a purpose built double axle job with plenty of bling (look at the chrome wheels) and painted in a colour that is sure to catch the attention of everyone...whether they want to or not!



In the meantime, Jindalee have been doing their level best to set fire to their new trailer. I understand that a fire blanket and fire extinguisher are among the new purchases this week!



A number of other clubs have been recipients of new trailers in recent months but special mention must go to the Rotary Club of Ipswich and their BBQ caravan which must be into its third or fourth incarnation...that trailer has had more face-lifts than Cher!"

## COUNCIL OF LEGISLATION RESULTS

PDG Ross Forgione has been our District's representative this year at the Council of Legislation in Chicago at the end of April. Whilst many of the measures debated are slightly esoteric and have little effect on the lives of most Rotarians, much has been made of an increase in RI dues (by US\$1 per year over the next three years) and there were a few measures that may have an impact.

For instance, the Council voted to create the office of Immediate Past President for clubs and have also voted to establish a fifth Avenue of Service: New Generations.

Transfer by Rotarians between clubs has been made a little more difficult, especially if the Rotarian still owes dues to their former club.

One issue that has been brought up in this district several times recently has been joint subscriptions in our Rotary Magazine, Rotary Down Under. The council has now voted to allow joint subscriptions where two Rotarians are living at the same address.

ShelterBox is currently trumpeting one provision passed by the Council which requested the RI Board create a committee to develop a worldwide resource that would provide rapid, short-term relief to areas affected by natural disasters. Exactly how this will change Rotary's response to disaster relief (or affect ShelterBox) is unknown at this stage.

There is one change that may have some profound effects on Districts in Australia and that is a move to increase the minimum membership of a District from 1,000 to 1,200 Rotarians (or 33 clubs). The three districts in West Australia were recently redistributed into two districts when one of those districts ran at less than 1,000 members for several years. The new measures will allow the RI Board to review districts when membership falls below the minimum number of 1,200 but only after extensive consultation.



**Rotary District 9630**  
*40th Annual Conference*



**19 - 21 March 2010**

**Did you miss the Energy Experience?**

Never fear - Peter Crane of the Rotary Club of Redland Sunrise has the solution!

He recorded selected presentations by Rotarians and Keynote Speakers.




For further information contact Peter. Details in the Directory.

**Rotary District 9630 ~ 40th Annual Conference Chinchilla ~ March 2010**

**Selected Presentations by Rotarians & Keynote Speakers**

- 1 District Governor Nick Curry - Conference Welcome .....10.04
- 2 RIPPR PDG Jennifer Scott - Opening Address ..... 9.55
- 3 Bryn Cain - UQ Class VIII Rotary World Peace Fellow .....17.31
- 4 David Curnow - YEP Rebound - *NOT the ABC News!*.....23.43
- 5 Nozi Khandia - *How Rotary Changed My Opportunities*.....13.59

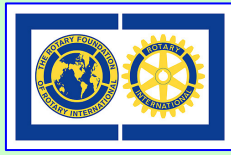
Total Time ..... **75.12**

**EXPERIENCE THE ENERGY**  
Live audio recordings made in the Chinchilla Cultural Centre by Peter Crane, Rotary Club of Redland Sunrise  
Graphics from Conference Program - Theme Logo, Kylie Seng



## THE ROTARY FOUNDATION



The Rotary year's end is within sight and so it is important to review our support of The Rotary Foundation. Remember the Foundation receives no funding from our RI dues or otherwise, from Rotary International. It is totally reliant upon donations 'to do good in our world'.

The Mission Statement of The Rotary Foundation is:

***“to enable Rotarians to advance world understanding, goodwill and peace through the improvement of health, the support of education and the alleviation of poverty.”***

In order to continue – and expand – this promotion of international goodwill and peace, by the broad approaches outlined above, “OUR” Rotary Foundation needs the support of every Rotarian. A small contribution from every Rotarian will allow a huge expansion in the means available for OUR Foundation to pursue this Mission. We are seeking the personal contribution of each Rotarian - **Every Rotarian Every Year** – of just \$US100. This amounts to less than a cup of coffee each day, or the cost of the daily newspaper.

It is well proven that goals are essential for any significant level of achievement, so setting goals for the new Rotary year; remember to include support of The Rotary Foundation. This should include identification of Foundation programs for participation as well as provision of the financial support. For example:

- Will you actively promote the GSE program in your club in order to nominate a team member?

- Does your club have a member who would be suitable as a GSE team leader?

- Will your club seek to host an inbound GSE team this year?

- Will your club have a project suitable to attract a Humanitarian Grant to help fund it?

Will your club nominate a Peace Fellow or an Ambassadorial Scholar this year?

But how will you financially support OUR Foundation this year to help it achieve its Mission?

- Will your club go out into the community to promote the Polio \$200m Challenge and raise the requested \$2,000 and in turn educate on polio eradication?

The equivalent to \$100 per club member (minimum), either by personal donation or by club fundraising is sought to enable our Foundation's humanitarian and educational programs.

### RYLA 2009

#### LIVE YOUR MASTERPIECE

This masterpiece will soon hang in Bostock House!



### Attendance - March 2010 & RI Membership - 30.4.10

Club	RI	RI	Gain/	Hon.	Mtgs	Attend.
	1.7.09	30.4.10	Loss	Mem.		%
Acacia Ridge	13	12	-1	1	5	86.0%
Archerfield	22	21	-1	4	4	73.5%
Balmoral	16	15	-1	0	5	80.0%
Beenleigh	17	15	-2	4	5	78.5%
Booval	20	15	-5	2	5	62.7%
B'ne Centenary	18	21	3	0	5	80.0%
Capalaba	28	31	3	1	5	71.0%
Carindale	31	26	-5	0		
Charleville	6	6	0	1		
Chinchilla	33	36	3	2	5	78.8%
Cleveland	69	65	-4	6	5	71.0%
Dalby	26	28	2	0		
Forest Lake	10	11	1	0	5	72.7%
Gatton & Lockyer	10	11	1	3	5	89.0%
Goodna	34	32	-2	5	5	85.5%
Ipswich	24	24	0	4	5	72.2%
Ipswich City	42	46	4	1		
Ipswich North	42	47	5	0		
Jandowae	11	11	0	0	5	74.5%
Jindalee	60	62	2	2	5	83.0%
Logan	28	25	-3	0	5	81.9%
Loganholme	15	16	1	0		
Mitchell	8	8	0	1	5	88.9%
Moreton Bay	12	14	2	0		
Mt. Gravatt	33	31	-2	4	5	95.8%
Oakey	8	5	-3	1		
Pittsworth	12	14	2	4	5	81.4%
Port of Brisbane	21	23	2	0	4	65.9%
Redland Sunrise	10	12	2	0	4	97.5%
Redlands Bayside	30	33	3	0	4	65.6%
Rocklea	29	32	3	0	4	68.6%
Roma	23	21	-2	3		
Salisbury	23	22	-1	0	5	71.0%
South Brisbane	20	21	1	2	5	75.5%
St. George	17	18	1	4	4	70.8%
Stones Corner	40	40	0	4	5	82.7%
Sumner Park	13	15	2	2	4	88.0%
Sunnybank Hills	24	24	0	0	5	94.0%
Toowoomba	52	51	-1	1	5	84.5%
T'ba City	30	24	-6	1	4	67.7%
T'ba East	52	53	1	2	4	78.3%
T'ba Garden City	35	33	-2	0		
T'ba North	36	35	-1	7	5	65.4%
T'ba South	35	35	0	7	5	73.1%
West T'ba	24	24	0	1	5	82.0%
Wishart	21	24	3	2		
Woolloongabba	15	12	-3	0	1	80.0%
Wynnum & Manly	58	59	1	3	3	69.0%
Total/Count/Avg.	1256	1259	3	85	37	78.0%

### DISTRICT ATTENDANCE OFFICER'S QUIZ CORNER

Answer to Quiz 4: *No! His attendance is not counted as he did not attend at least 60% of the Club's meeting (45 minutes in this case) and his reason for leaving (apart from being rather rude) was quite trivial (although some might not think so!). [Rotarians wouldn't do this, would they?]*

Q5. A Rotarian (and family) is off on a world trip for 6 weeks during May and June and expects to attend Rotary Meetings regularly whilst away overseas. Unfortunately visits can't be organised for the first four weeks but in the last two weeks 5 club visits are made. How many of these visits can be counted as make-ups?